

# CALL OR CLICK TO FIND A NETWORK DENTIST



## It's easy with Cigna DHMO

At Cigna, finding a DHMO\* network dentist or specialist is quick and easy. And how you do it is up to you. You can search online or call to speak to a customer service representative. **Remember to always pick a network general dentist who's within 25 miles of your location to ensure adequate access.**

### Here's how:

#### From myCigna.com – the easiest way

Once you enroll in Cigna DHMO, register at **myCigna.com**. Then the site will give you information for your specific dental plan. You can search for a dentist using your home zip code. Or, just type in a different zip to search in another area. Then you can search for a network dentist by name, specialty or location. Just follow these easy steps:

- Log in to **myCigna.com**. Click on **“Find a Doctor, Dentist or Facility”** at the top.
- Under **“Find a...”** click **“Dentist”**
- Enter your search criteria and click **“Search”** – OR –
- Under **“Popular Searches”** click a dentist by category.

On the go? Not a problem. This information is also on the myCigna mobile app.\*\*

We're with you every step of the way. To help you find better savings, better health and a better experience. From full-service to self-service, Cigna has your dentist search covered.

## Together, all the way.®

\* The term DHMO (“Dental HMO”) is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to, prepaid plans, managed care plans, and plans with open access features. The Cigna DHMO is not available in the following states: AK, HI, ME, MT, NH, NM, ND, PR, RI, SD, VI, VT, WV, and WY.

\*\* The downloading and use of the myCigna mobile app is subject to the terms and conditions of the app and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

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### From Cigna.com

- Go to **Cigna.com**. Click on **“Find a Doctor”** at the top of the screen.
- Click on **“For plans offered through work or school.”**
- Choose the **“Dentist”** tab.
- Enter search location – city, state or zip code.
- Click on the **“Pick”** button. Then select **“Cigna Dental Care HMO”** and press **“Choose.”**
- Review the lists given by specialty. Or narrow your search by typing in provider name, specialty or office name.
- Once you get your search results, you can further refine your search by:
  - Distance
  - Specialty
  - Years in practice
  - Additional languages
- Click on a dentist's name for more details. Such as office hours and location listings with map view.

### Call us at 800.Cigna24 (800.244.6224)

Need help finding a Cigna network dentist or specialist? Just give us a call. You can use the automated Dental Office Locator. Or, you can speak directly to a customer service representative. You can also ask for a directory customized by dentist type and location.

### Call your current dentist

Your current dentist could be in-network. Call the office and ask if they participate in the Cigna Dental HMO network.

