

Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke.
Plus you'll get **\$0 copays** on covered diabetes medications and supplies.

How to get your Good Health Gateway RX Rewards Card for \$0 copays



Register at GoodHealthGateway.com to start your 90-day Introductory Period.

Or call our **Good Health Gateway** HelpLine at 800.643.8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.

During your Introductory Period, you can get \$0 copays using your existing pharmacy benefit card through MCJHIF **AND** your **Good Health Gateway**® Rx Rewards Card at your local, in-network pharmacy.



Call the **Good Health Gateway** HelpLine at 800.643.8028 to:

- Review the program requirements.
- Schedule a telephone appointment with our Diabetes Educator.



Complete the call with our Diabetes Educator to develop your personal **Diabetes Health Action Plan**® Care Guide.

And confirm you will share your action plan with the doctor that helps you manage your diabetes.



Send us a **Provider Confirmation Form** or other acceptable documentation showing you completed the medical exams and lab tests listed below. Upload your documents through the website, send by mail, or fax to 877.378. 4480.

Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Continue to get your **\$0 copays** beyond your Introductory Period as long as you keep your diabetes care activities up to date.



RX REWARDS CARD
SECONDARY COVERAGE

\$0 COPAYS FOR DIABETES RX & SUPPLIES

Name «FirstName» «LastName»

RxBIN 610011

RxPCN NMHC

RxGrp «GroupName»ID «MemberId»

PHARMACISTS: Submit copay as "Other Payer Responsibility" (OPR) using Other Coverage Code of 8.

MCJHIF is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to MCJHIF health plan members who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

800.643.8028
GOODHEALTHGATEWAY.COM

This program is administered by Abacus Health Solutions and sponsored by the following employers/health plan sponsors through Middlesex County Joint Health Insurance Fund (MCJHIF).

Middlesex College

Middlesex County Administration

Middlesex County Board of Social Services

Middlesex County Improvement Authority

Middlesex County Mosquito Extermination Commission

Middlesex County Utility Authority

Roosevelt Care Center- Edison

Roosevelt Care Center- Old Bridge

For employees and their covered dependents insured through one of the following MCJHIF sponsored health plans:

Aetna

Cigna

Horizon Blue Cross Blue Shield

This program is not available to retirees on Medicare supplemental health plans.